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Sugam Karnatica
Arts • Culture • Education

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Hinduism 101—Basics for Tweens and Teens

A total of 180 children and teenagers thronged the Kalamandapam hall in Brickfields, KL on 15th August 2013 to attend the first ever Hinduism seminar for youngsters.

The seminar, named Hinduism 101 (H101) was held to achieve the following objectives:

- ◆ To understand the foundation of Hinduism;
- ◆ To inculcate in children a sense of belonging, a sense of identity and a sense of pride in their rich, Vedic Hindu Heritage; and
- ◆ To ensure that the children of today become aware of the rich and glorious spiritual heritage of India.

The morning started off with a lecture entitled “Tracing the Early History of Hinduism” by Prof. Dr. K. Thilagawathi. The session as very informative and brought to light the advanced civilization of Hindus way before other cultures.



Prof Dr. K. Thilagawathi



The next equally enlightening session “Basic Tenets of Hinduism” was presented by Dr. M. Bala Tharmalingam.



Dr. M. Bala Tharmalingam

This was followed by an interesting session by Swami Jitatanandaji on “Literatures of Hinduism.”

After a sumptuous lunch, the Swaraa sisters started off the afternoon session with a round of live bhajans with sing-alongs.

Following this, Mr. J. Vijayalingam presented his talk on “Rituals & Practices in Hinduism.”



Swamiiji

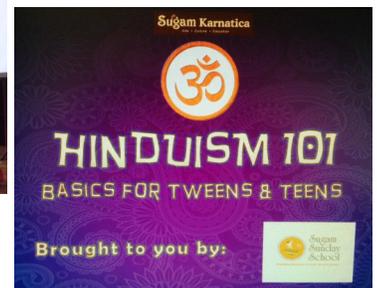
The next session was on “Temple Worship” presented by Ms Sumitra Jayaseelan. This session was followed by a practical visit to the Kandhaswamy temple where the participants put into practice all that was taught.

Special points of interest:

- HINDUISM 101
- 5TH RAGAMTHALAM

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“In his speech, Datuk Vaithilingam encouraged the parents to support endeavours by Sugam Karnatica as it brought immense benefit to their children.”



Temple visit by participants

Upon the participants' return from the temple, they were divided into their groups for a Hindu-Treasure Hunt session. The session was extremely fun as it required the teams to match their clues with stations which had been set around the hall and answer Hinduism-related questions to move on to the next clue. The team spirit and helping nature of the participants could be seen during this session.

the dining hall.

For the closing ceremony, the H101 event was graced by the presence of two dignitaries, namely Datuk A. Vaithilingam and Dato' J. Jagadeesan.

A few participants came forward to give their comments about the seminar, basically on what they have learnt and how they have benefitted.



Hindu Treasure Hunt session



Mr. J. Vijayalingam

After the Treasure Hunt, it was time for dinner and the participants proceeded to



Special Guests





RagamThalam Brings the Magic Exclusively to Boys!

On 22 June 2013, Sugam Karnatica had the privilege of conducting our 5th RagamThalam event at the Agathian Boys' Shelter in Petaling Jaya.

We were welcomed at their home at about 7.00pm and proceeded with the musical and dance performances after dinner.

The show started off with a performance by the students of Ms Renuka Shree Jaganathan, followed by students of Sugam Karnatica. We also had the support of Kalpana Dance Theatre, with the performance of two beautiful dances.

It was a lovely evening spent with the boys of the Agathian Shelter.



With the boys from Agathian Boys' Shelter

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Both dignitaries spoke to the gathering of participants as well as their parents and gave away prizes for winners of the Hindu-Treasure Hunt.

Dato' Jegadeesan entertained the children with a few memorable stories and also by sing-along bhajans in Tamil and English.

In his speech, Datuk Vaithilingam encouraged the parents to support endeavours by Sugam Karnatica as it brought immense benefit to their children.

The programme ended at 9.00p.m. with a vote of thanks by the Project Director, Ms Sujitra Jayaseelan.



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Sugam Karnatica is a not-for-profit organisation dedicated to the development of children by using the components of performing arts and the deep Indian cultural science of wisdom. All activities in Sugam Karnatica use performing arts as its base to impart positive development like discipline, dedication and determination in the young. We believe these values will enhance the chances of the child excelling in any endeavour undertaken. The school offers children lessons in Indian cultural music, life skills via its after school enrichment programs, camps and its Sugam Sunday School.

“Enriching Lives by experiencing the treasures of a profound heritage”

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www.sugamkarnatica.org



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—we will throw a virtual



Participants of Hinduism 101 Seminar